



Silver Sneakers/Renew Active Usage FAQ:

What is the Silver Sneakers/Renew Active Usage?

The Silver Sneakers/Renew Active program is offered by participating health care plans allowing adults 65+ to use **Edgewood's fitness room for free** and other facilities at a highly discounted price during the summer.

Usage Status?

Silver Sneakers/Renew Active participants are considered non-members in regard to reservations, programs, lesson etc. Thus, reservation can only be made 24 hours in advance.

How Do I know if I Qualify?

-Check eligibility online at

<https://tools.silversneakers.com/Eligibility/CheckEligibility>

-Or Call/visit Edgewood's Front desk

What access do you offer?

-Racquet/Gym - Only access is free and allows you to come to our fitness room and courts from May 1st to September 7th.

-Pool Access – Cost is \$65.00/per month during the summer months (May 1st to September 4th) and allows you to use the outdoor pool, tennis courts, pickle courts, basketball courts and fitness room.

How do I register?

-Please fill out the access form that can be found on our website

www.edgewoodbtc.com or get one in person at Edgewood

-Turn in the form to Edgewood and bring your Silver Sneakers ID number and/or card which can be found at www.SilverSneakers.com/Card or through the Silver Sneakers GO mobile app. Please see front desk or call if you would like help finding it

Once I am a member how do I sign into the club?

-Each time you come to use the facilities at the club you are *need to the receptionist your name and it wait for verification.*

What does the gym offer?

-Our gym offers multiple treadmills, resistance bikes, climber, free weights, and medicine balls.

Can I take a tour or look around before using your access?

-Please feel free to check out or pictures on our website

-You may also call ahead and our staff would be happy to schedule a tour of the facilities for free